



INVITATION TO COME TO LITHUANIA

MAIN INFORMATION

We invite you to come to the country of basketball, Lithuania, for a basketball tournament with national level basketball professionals.

Our team and partners will be responsible for your comfortable team visit in Lithuania, in both very popular health resort, Palanga, near the Baltic sea and the capital of the country, Vilnius.

PALANGA

Palanga is the most popular summer resort in Lithuania and has beaches of sand (18 km long and up to 300 m wide) and sand dunes. It is the place where you will be able to find everything you need – a high quality sports complex (built in 2014), stadium and great specialists to work with, and most importantly, everything is in one place.



SPORTS COMPLEX

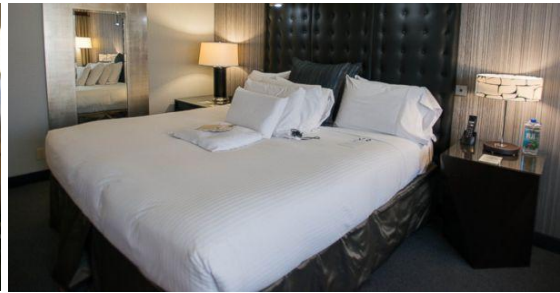
Palanga has a new sports complex, which was built 2014 and has a national level (Lithuanian men's national team chooses this place for their preparation process). Stadium, basketball gym and weight room, all in one area.



HOTEL AND MEAL

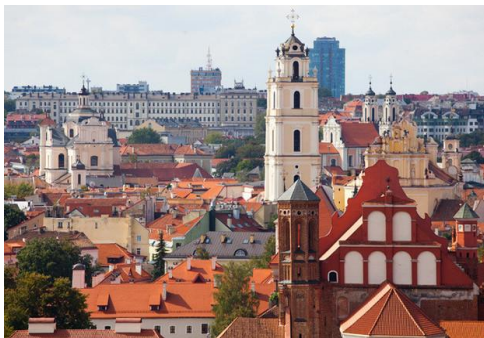
The BALTIC INN HOTEL (****) will be a place where you will live and eat. It is located in a fabulous place in the old town of the resort, close to the seashore and sports complex. The hotel has on its property a spa and wellness center, massage, indoor pool, sauna and other facilities.





VILNIUS

A beautiful city, Vilnius is a capital of the country, where you can feel the real culture of the Europe with an international audience. Vilnius is one of the most beautiful old towns in all of Europe with a harmony of nature and modern life. Your team will visit Vilnius and play games against local professional teams.



PRELIMINARY TOURNAMENT PLAN

DAY 1: Morning team practice and evening practice with Lithuanian professional coaches

DAY 2: Morning team practice and friendly game in the evening in Klaipeda, LT

DAY 3: Morning individual skills practice with Lithuanian professional coach and cognitive evening in LCC International University in Klaipeda, LT

DAY 4: Morning team practice and friendly game in the evening in Palanga

DAY 5: Day off in the capital of Lithuania, Vilnius

DAY 6: Friendly game in Vilnius

DAY 7: Morning team practice and friendly game in the evening

DAY 8: Mind practice “Take the best from basketball” with Lithuanian sports psychologist and tourney closing evening

Local tours of both Palanga and Vilnius can be arranged based on your requirements.

